

# KURTZ ORCHARDS

*well flavoured*



Broccoli, Carrot & Peach Salad

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## Broccoli, Carrot & Peach Salad

*flavoured with Kurtz Peach Garlic Dressing*

### *Ingredients*

2 heads fresh broccoli, cut up  
2 carrots, sliced into thin sticks  
1 red onion, sliced into rings  
1/4 cup (60 mL) **Kurtz Peach Garlic Dressing**  
1 garlic clove, minced  
salt and freshly ground black pepper

### *Method*

Steam broccoli and carrots until crisp tender, about 3 minutes. Remove from steamer and chill in the refrigerator. Meanwhile, grill red onion on barbecue or griddle until grill marks show, about 2 minutes per side. Add to vegetables and return to the refrigerator until ready to serve. When ready to serve, toss cooled vegetables with Kurtz Peach Garlic Dressing. Serves 6.

*The Kurtz family focus on offering uniquely made farm to table food solutions and introduce customers to an abundance of rich, authentic country flavours from the ground up; jam, jelly, spreads, butters, sauces, dips and dressings of guaranteed origin and quality.*

*Visit the website for more recipes.*

[www.kurtzorchards.com](http://www.kurtzorchards.com)

#### **Kurtz Orchards Farm and Gourmet Marketplace**

16006 Niagara River Parkway, P O Box 457  
Niagara-on-the-Lake, ON, CANADA, L0S 1J0, 905-468-2937

#### **Kurtz Culinary Food Shops**

- 38-40 Queen St, P O Box 457, Niagara-on-the-Lake, ON, CANADA, L0S 1J0 905-468-3815
- Bayview Village, 2901 Bayview Ave, Toronto, ON, CANADA, M2K 1E6, 416-250-1811
- South-east corner of Ocean Ave and San Carlos, Carmel-by-the-Sea, CA, USA 93921, 831-625-5267